

allergens

- | | | | |
|---|------------|----|-----------------|
| 1 | wheat | 8 | nuts |
| 2 | crustacean | 9 | celery |
| 3 | eggs | 10 | mustard |
| 4 | fish | 11 | sesame seeds |
| 5 | peanut | 12 | sulphur dioxide |
| 6 | soya bean | 13 | lupin |
| 7 | milk | 14 | molluscs |

nf - nut free

gf - gluten free

v - vegan

lc - low calorie

Our spices are freshly blended, dry-roasted and ground daily.

We add these spices, just before the dish is ready, to retain their freshness and natural oils. We use rice with a low glycemic index (GI)

There is no service charge, all gratuities go directly to our staff.

spices to take home

If you would like to try indian cooking at home, we would be delighted to blend any combination of rasam spices for you.

| | |
|---------------------|------|
| roasted cumin (15g) | 2.50 |
| garam masala (15g) | 3.00 |



RASAM

is pleased to offer a

20%

DISCOUNT*

on your total bill for
'RASAM AT HOME'
orders.

Enjoy!

***20% discount only applies to orders above €15.00.**

Rasam

DINE AT HOME MENU



the true taste of india



starters

- palak patta** ^{7, nf, gf, lc} 8.95
spinach fritters, cumin yoghurt, tamarind,
mint chutney
- pork chilli** ^{nf, gf} 10.95
color peppers, garlic, ginger, green onion,
vinegar, chilli
- trio chicken** ^{7, 10, nf, gf, lc} 12.50
tandoor amritsari, murgh malai & zaffrani, dips
- duck roll** ^{1, nf} 12.95
star anise, fig, tamarind, filo, beetroot coulis,
winter greens
- konkani calamari** ^{1, 2, 7, nf} 11.50
semolina crust, sweet chilli, avocado salsa,
curry leaf
- narangi jhinga** ^{2, 7, 10, nf, gf} 18.50
jumbo prawn, mint, dehydrated orange, chilli,
mint chutney, winter greens
- curry leaf prawns** ^{2, 7, 10, nf, gf} 13.50
mint chutney, roasted carrot dip, winter greens,
cream, mustard seed
- rasam platter** ^{1, 2, 7, 10, 14} 18.95
duck roll, amritsari murgh kebab, narangi jhinga,
konkani calamari, pork chilli
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Our lamb, chicken and fish are fresh and proudly Irish



main courses

- beetroot chicken** ^{7, nf, gf, lc} 21.95
tomato, chilli, pomegranate, coriander leaf
- a nigella lawson favourite
- kozhi milagu curry** ^{nf, gf} 21.95
chicken, peppers, coconut milk, black pepper,
chilli, lemon
- old delhi butter chicken** ^{7, nf, gf} 22.50
char-grilled, tomato sauce, fenugreek, butter
- east india lamb curry** ^{7, 10, nf, gf} 24.50
diced, mustard oil, yoghurt, tomato,
fennel powder, spices
- dum pukht gosht** ^{1, 7, nf} 24.50
lamb, yoghurt, vetiver root, pan ki jad, stone flower
- rasam's signature dish
- barrah nalli** ^{7, nf, gf} 24.50
lamb shank tandoori, onion fried, clove, yoghurt
- served dry
- mango prawn** ^{2, 10, nf, gf, lc} 23.95
tiger prawn, tangy mango sauce, coconut milk,
curry leaf, chilli - an all-time favourite
- alleppey fish curry** ^{4, 10, nf, gf, lc} 24.50
coconut, curry leaf, mustard seed, shallot
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vegetarian

- palak kofta** ^{7, 8, gf} 17.95
spinach dumpling, raisin, pistachio nut,
creamy tomato & garlic sauce
- vegetable kura** ^{gf, nf, v} 17.50
coconut milk, tomato, curry & coriander leaf, onion

side dishes

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|--|------|
| cucumber & mint raita 7, nf, gf | 4.00 |
| yoghurt, cumin, mint, honey, cucumber | |
| paneer pyaz ki bhurji 7, nf, gf | 7.95 |
| cottage cheese, onion, tomato, colour peppers, fenugreek, chilli, garlic | |
| dal tadka 7, nf, gf, lc, v | 6.95 |
| bengal gram lentil, onion, tomato, cumin | |
| punjabi choley nf, gf, v | 6.95 |
| chickpea, tomato, green chilli, carom | |
| gobhi tamatar matar nf, gf, lc, v | 6.95 |
| cauliflower, ginger, cumin, chilli, tomato, pea | |
| aloo podimas 10, nf, gf, v | 6.95 |
| potato, asafetida, turmeric, cumin, coriander leaf | |
| kairi bhindi nf, gf, lc, v | 6.95 |
| okra, dried mango, onion, tomato, cumin | |
| saag makai mushroom 7, nf, gf, lc | 6.95 |
| spinach, tomato, garlic, cumin, corn | |

tandoori, breads, rice

| | |
|---|------|
| garlic, onion & coriander naan 1, 3, 7, nf | 4.50 |
| roti 1, nf, v | 3.00 |
| flatbread whole wheat | |
| plain naan 1, 3, 7, nf | 3.00 |
| leavened, fermented wheat | |
| peshwari naan 1, 3, 7, 8 | 4.50 |
| roasted coconut, almond, raisin | |
| cheese chilli naan 1, 3, 7, nf | 4.50 |
| cheddar, green chilli | |
| pulao rice 7, nf, gf | 4.25 |
| cumin, turmeric, pea, onion caramelised | |
| steamed basmati rice nf, gf, v | 4.00 |