

Tandoori, Breads & Rice

ROTI 1   €2.50
Traditional Indian unleavened flatbread made from wholewheat flour.

PLAIN NAAN 1, 3, 7  €2.50
All naan breads are leavened & made with fermented wheat.

GARLIC, ONION & CORIANDER NAAN 1, 3, 7  €3.95

TULSI & KALONJI NAAN 1, 3, 7  €3.95
Naan flavoured with Indian basil & onion seeds.

PESHAWARI NAAN 1, 3, 7, 8 €3.95
Naan filled with roasted coconut, almonds & raisins.

PUDINA NAAN 1, 3, 7  €2.95
Naan flavoured with a special blend of Rasam spices & dry mint.

CHEESE CHILLI NAAN 1, 3, 7  €3.95
Naan filled with cheddar cheese & green chillies.

STEAMED BASMATI RICE    €3.25
High quality basmati rice (Low GI), steamed to perfection.

PULAO RICE 7   €3.50
High quality basmati rice (Low GI), cooked with cinnamon, bay leaves, black cardamom, fried onion & clarified butter.

**All our breads contain eggs.*

Unfortunately desserts are not available for take-away

Allergens

- | | |
|-------------------------------|---------------------|
| 1. Cereals Containing Gluten. | 8. Nuts |
| 2. Crustaceans | 9. Celery |
| 3. Eggs | 10. Mustard |
| 4. Fish | 11. Sesame Seeds |
| 5. Peanuts | 12. Sulphur Dioxide |
| 6. Soybeans | 13. Lupin |
| 7. Milk | 14. Mollusca |

 **Gluten Free**

 **Nut Free**

 **Vegan**

- **Open:** Tuesday to Sunday for take-away orders from 4pm-9pm.
- **Closed:** Mondays.
- If you call, email (please include your phone number) or pop in, we are happy to take your order and will drop it down to your car, if you prefer.
- Please bear in mind that every dish is freshly prepared. At peak times it can take up to an hour before the order is ready.
- Advance order by email (please include your phone number & preferred time of collection) can help reduce the delivery time, but please place the email orders before 5 pm. We will ring you for credit card payment.
- After 5pm please phone in your order, but bear in mind phone lines are very busy so it's advisable to email your order before 5pm if possible.
- We offer a 20% discount on orders for collection.

We would like to thank all our loyal customers who are continuing to support Rasam during these challenging times.

Rasam Restaurant
is pleased to offer a
20%
DISCOUNT
We offer a 20% discount on orders for collection
'Rasam at Home'
orders. Enjoy!



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Rasam

'RASAM AT HOME' TAKE-AWAY

email: info@rasam.ie
phone: 01 230 0600
or: 01 202 0123



the natural taste of india



Starters

MUMBAI CHAAT 7   €7.95
A must-eat street food of India with sweet yoghurt, sev, potato galette & spiced chickpeas.

PALAK PATTA 7  €7.95
A delightful appetiser of crispy baby spinach, sweet yoghurt, tamarind & sev.

PORK CHILLI FRY 3   €8.95
Tender pieces of battered pork tossed with onion seeds & sweet chilli jam.

TRIO CHICKEN TIKKA 7, 10 €10.50
Three individually flavoured tandoori grilled chicken tikka with chilli & garlic, mustard & turmeric, rose petal & cream cheese, sprinkled with saffron flavoured ghee.

DUCK ROLL 1  €10.95
Muscovy duck flavoured with star anise, figs & tamarind – wrapped in light filo pastry.

CALAMARI 1, 2, 7  €9.50
Succulent squid, coated in a crispy semolina crust & gooseberry chutney.

KARWARI JHINGA 2   €11.50
A delicious combination of tiger prawns, curry leaves, avocado & mango curry leaf chutney.

MALAI JHINGA 2, 7   €16.50
Pan-seared Indian Ocean jumbo prawns flavoured with mace, green cardamom & cream cheese, complimented with mint, avocado & greens.

RASAM PLATTER 1, 2, 7, 8, 10 €16.95
Savour a selection of Rasam's most loved starters: duck roll, murgh malai tikka, pork chilli fry, aloo tikki & karwari jhinga.

Main Courses

BEETROOT CHICKEN   €19.95
Fresh beetroot & tomato flavoured chicken with dry pomegranate seeds & coriander leaves.

CHETTINAD CHICKEN   €19.95
Classic chicken curry from South India flavoured with curry leaves, stone flower & fennel.

OLD DELHI BUTTER CHICKEN 7   €20.50
Char-grilled chicken in an exotic fresh tomato sauce with fenugreek & butter, delicately blended to give a uniquely full-flavoured dish.

LAL MAAS   €21.95
6-Hour slow-cooked lamb on the bone, home ground spices & Rajasthani chilli. Served boneless.

DUM PUKHT GOSHT 7  €22.50
Classically slow-cooked lamb, yoghurt infused with our unique blend of spices that gradually reveal their seductive flavours. Rasam's signature dish.

BARRAH NALLI 7   €22.50
Tandoori lamb shank marinated in fried onion, clove & yoghurt, cooked slowly to release the flavours. Served dry.

MANGO PRAWN 2, 10   €21.95
Tiger Prawns in a sweet & tangy mango sauce, tempered with curry leaves & coconut milk. An all-time favourite.

Our spices are freshly blended, dry-roasted and ground daily. We only add these spices to your dish shortly before serving it at your table, to retain their freshness and natural oils.

We only use rice with a low glycemic index (GI).

As all our dishes are prepared freshly to order, we ask for your patience at busy times.

Vegetarian Dishes

PALAK KOFTA 7, 8  €16.50
Spinach dumplings stuffed with raisins & served in a creamy tomato & garlic sauce.

MIX VEGETABLE CURRY    €15.95
Seasonal vegetables with tomato & crushed coriander seeds.

LASOONI SAAG PANEER 7   €15.95
Cottage cheese cooked with spinach, tomato, fenugreek, fresh chilli & garlic.

ALOO BAINGAN ACHARI 10    €15.95
Aubergine & potatoes stir-fried with dry mango, green chillies, onion, fresh tomatoes & five spices.

Side Dishes

A perfect accompaniment with main course

ZUCCHINI CHANA DAL    €5.95
Horse gram lentils cooked with zucchini & tempered with cumin, tomato & onion.

CHONKA PATTA 10    €6.95
Fresh purple savoy cabbage, broccoli, asparagus & bok choy, tempered with coriander seeds & curry leaves.

GOBHI MATAR    €5.95
Cauliflower florets & green peas seasoned with ginger, cumin, green chillies & fresh tomatoes.

ALOO PODIMAS 10    €5.95
Stir-fried potatoes with asafoetida, turmeric, cumin, fresh coriander leaves & lime.

KAIRI BHINDI    €5.95
Stir-fried okra, onion, tomato & cumin.